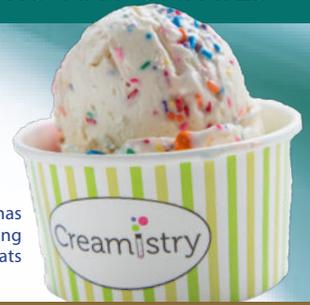




SPIRIT

OF LASCOLINAS



INSIDE: Las Colinas
Sweet Spots are serving
up amazing treats

Bi-Monthly Newsletter of LAS COLINAS ASSOCIATION





 DECEMBER 2018



SHIMMER, SPARKLE AND SHINE

Las Colinas Association displays several holiday decorations throughout the community for our members and visitors to enjoy.

View the lights at our Flower Clock, Teleport bridge, Rochelle Park footbridge, and Island Greens. And yes, the reindeer are back on 114!





Property of the Month

1520 Walnut Hill - Ridgemont Construction



DECEMBER AND JANUARY COMMUNITY EVENTS

There will be a **Martin Luther King, Jr Observance** at the Irving Arts Center on January 20th, 2019. This event is free and celebrates the life and achievements of Dr. King.

From 10:00 am to 2:00 pm on January 26th, the Irving family event **Frost Fest** will be held at Cimarron Trail. Frost Fest is free and will feature a snow tubing hill, petting zoo, train rides and much more. Check out <http://www.cityofirving.org/2956/Frost-Fest> for details.

Getting married?
The Las Colinas Bridal show is coming to the Irving Convention Center on January 13th! Attendees can anticipate a fashion show, new wedding

trends, door prizes and more. Call (972) 713-9920 for more information.

Zestfest 2019, the hot sauce expo will be held at the Irving Convention Center on January 25th. Visit <https://zestfest.net/> for more details!

The Pavilion at Toyota Music Factory will host comedian **Brian Regan** on Saturday, December 8th at 8:00 pm. Through December and January, you can anticipate **Toni Braxton With Special Guests SWV – As Long As I Live** tour, **2cellos: Let there be Cello**, and many more! Check out the Pavilion at Toyota Music Factory schedule at www.livenation.com.



Zestfest 2019, the hot sauce expo will be held at the Irving Convention Center on January 25th.

LCA NEWS

HOLIDAY CLOSINGS: LCA offices will close December 24th-25th, and December 31st-January 1st. Happy New Year!

SAFETY: 'Tis the season for shopping and thieves are looking for an easy target, such as vehicles with packages they can see or vehicles that have been left unlocked. Don't make it easy for them! After you park your car, hide your things so that thieves can't see them. Lock your car so thieves can't enter. Lastly, take your important things with you, do not leave them in your vehicle.

Going on a vacation? If you plan to go out of town, do not advertise it! Have your mail held, stop the paper and consider leaving some lights on or placing them on timers. Before you leave town, call LCA Dispatch at 972-541-1312 to make sure the Contact / Call List on file for you is current. If you have a monitored alarm, consider performing a manual test when

you call Dispatch to verify all is in working order. Both LCA and the Irving Police Department have a "Vacation Watch". Contact us for more information or for Irving PD, head to <https://www.cityofirving.org/662/Police> under the Services tab.

ARCHITECTURAL CONTROL: Summer will be here before you know it! Thinking about putting in a pool for the kids or grandkids to play in? Submit your ACC application first! Find it on our website at <https://lascolinas.org/architectural-control/>. For questions, email plans@lascolinas.org.

PROPERTY COMPLIANCE: Please don't forget to remove your decorations after the season is over. Not only can decorations deteriorate in natural weather conditions and become inoperable, but leaving them out past the holiday season could result in a potential compliance issue.

Occasionally, we hear reports of door-to-door salespeople or contractors saying that they work for Las Colinas Association or are on "LCA's preferred vendor's list". LCA does not have preferred vendors. Always do your research: check references, check with neighbors, check their online reputation, and license.

We are approaching the shortest period of daylight and the longest night of the year, Friday, December 21st. If you notice any commercial building lights or parking lot lights that are out, please report them to Property Compliance at 972-541-2345.



This turtle was found with a hook in its mouth. LCA Common Property Representatives successfully removed the hook and the turtle is currently enjoying its life at Rochelle park.

Common Property: Fishing is specifically prohibited at Lake Carolyn, Rochelle Park, Old Rochelle Park, Lago de Claire, Rosita Park, Pea Patch Lake, and Wingren Park. Hooks attached to

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LCA's Apartment/Multi-Family Rewards program, put on by Property Compliance Department, highlights properties that reflect and maintain the aesthetic character that Las Colinas is known for. These properties had five or less compliance issues when evaluated.

Congratulations Platinum Award Recipients!

Alesio	AMLI – Las Colinas	Lofts	Mission @ La Villita
Alexan Urban Center	AMLI - Riverside	Jefferson Riverside	Monterra
AMLI – Champion Trail	Colonial Reserve	Jefferson Las Co.	Olympus
AMLI - Escena	Delante	Lake Pointe	Pure
	Fountain Pointe	Lakeside	
	IMT Lakeshore	La Villita Lakeside	



Tiff's Treats
114 E John Carpenter Freeway



Out of their brownies, ice cream sandwiches, and cookie offerings, their most ordered item is their classic chocolate chip cookie. Don't want to drive? Tiff's Treats is the way to go. Their warm cookie delivery service is perfect for when you want to treat the office.

Fruit, fruit cocktails, and milk in their own special, "elevated-popsicle" form with the ability to be smothered in white, dark, or milk chocolate. One of their most popular pops is the Coffee flavor but don't forget to dip it in milk chocolate and smother it with pecans and caramel!



Pop Factory
310 West Las Colinas Blvd.



TCBY
370 West Las Colinas Blvd.



Get creative with soft serve frozen yogurt and toppings, or keep it classic with two flavors, peanut butter and chocolate. This custom, flawless, Peanut Butter Chocolate Fudge Sundae with crushed Reese's Pieces on top will beat any other peanut butter dessert! Vegan, GMO-Free, gluten free and dairy free options available too!

The place for pies, cheesecakes, and cakes in Las Colinas! Dense and rich, White Chocolate Cake is the great escape from pies this time of the year. This cake is so homemade, you will think you're at home in your flannel pajamas sitting by a fire.



Outta the Oven
7979 N MacArthur Blvd

Creamistry - 5250 N
O'Connor Blvd. #140



The creamiest, richest, made-to-order liquid nitrogen ice cream is a real treat! You can customize your order with non-dairy, cashew or organic milk base if you choose. The Fruity Pebbles blend is a playful and delightful combination of the cereal with a classic vanilla base. It seems simple but the Fruity Pebbles flavor is pleasantly accentuated and the crunch is a bonus!

This cute bakeshop has so many flavors to choose from- Cookies & Cream, Vanilla, Chocolate, Strawberry, Vanilla Salted Carmel, and more. A mahogany Red Velvet cupcake with white cream cheese icing is all you need! Warning- it's a generous cupcake portion with a truly velvet texture; you will want to eat every bite.



Pink Frosting Cupcakes
925 West John
Carpenter Fwy #104

Photography by Jessica Hubble



FEATURED NON-PROFIT Avocados from Mexico

The Mexican avocado is so cool it has its own marketing firm. No, really! Avocados from Mexico (AFM) has been marketing the quirky, creamy, buttery, green fruit since 2013. Their goal is to increase avocado usage and awareness. AFM does this by debunking myths, incorporating avocados into dishes, showing how the avocado can increase profits in restaurants, and educating chefs and culinary students on how to prepare avocados. But what is so special about the avocado? Unlike its sandwich competition, the tomato and the bacon strip, the avocado can be combined into a number of recipes including baked goods and smoothies. It can be fried, frozen, blended, pickled, scooped, smashed or used as a topping. The avocado is available year round. It truly is more than just the base to guacamole but the marketing firm behind the avocado is unique too.

AFM is an American marketing company

with a Culinary Innovation Center located here in Las Colinas. AFM is funded by the sales of avocados with 2.5 cents per pound funneling back into the marketing of avocados. Every AFM Avocado goes through a rigorous quality control program and is 100% USDA certified, in Mexico. That's right! The USDA has certified growers, trucks and centers in Mexico. AFM Holds more than 80% of the US market share and they export about 1.9 billion lbs. per year. There are other avocado producers besides Mexico, however, there's no other country in the world that can produce the amount of fruit that Mexico does. Michoacán, Mexico, also called the "Avocado Belt of the Mexican Republic" has rich volcanic soil and prime weather conditions. Michoacán is the only place on earth where each avocado tree can get up to 4 blooms. The trees continually yield fruit and each tree can produce up to 750 lbs. per year.

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Photography by Jessica Hubble

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The avocado from Mexico is special. While AFM promotes the amazing fruit, it is important to know that they are not involved in sales, pricing or distribution. Americans love their avocados and are willing to pay \$2.00 extra to have them added on to their dishes, but there still is the perception that avocados are hard to work with. With the right tools, it is easy to remove the pit- you need butter spreader and teardrop tool and voila!

Here are some tips:

How to increase longevity: Olive oil, believe it or not will protect your sliced avocado from oxidation. Other anti-oxidation liquids that can be used include orange juice, lemon juice, pineapple juice, and vinegar. Make sure you place the sliced avocado between two sheets of parchment paper or plastic wrap. How to halt the ripening process: Place the avocado in the fridge. Visit <https://avocadosfrommexico.com/> to learn more about Avocados from Mexico.



LAS COLINAS LIFE BLOG
lascolinas.org/community/las-colinas-life/

 **Story Suggestions**
 email aceline@lascolinas.org

 **Weather App**
 Search "Weather Link" in App Store or Google Play Store

 **Exclusive Eating in Las Colinas**
 Download our restaurant guide at www.lascolinas.org

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lines have been found around waterways in Las Colinas which pose a threat to wildlife, domestic animals, and humans enjoying the parks. Help protect the beauty and safety of our LC lakes and waterways. Please call Las Colinas Security at 972-541-1312 to report fishing in Las Colinas.

CONSTRUCTION: The 350-room Westin Hotel at 400 West Las Colinas Blvd. is anticipated to open on Thursday, December 6th. Next year, Las Colinas can look forward to the addition of a Market Street Grocery store, 127 single-family homes, 79 townhouse lots and a shopping center at The Terraces, located along 161 and Las Colinas Blvd.



3838 Teleport Blvd.
Irving, Texas 75039-4303

**"A renowned, self-managed,
master-planned community."**

liaisons@lascolinas.org
www.lascolinas.org
972-541-2345

LAS COLINAS ARTIST



Deborah Hartigan Viestenz



"Taking Flight"

Deborah, originally from the NY metro area, relocated to Dallas 25 years ago and has raised her family here. She has been living in Las Colinas for 11 years in Cottonwood Valley and is a member of the Four Seasons Golf and Sports Club. Deborah spends her time painting, traveling, golfing with her husband and visiting her son in Louisville as often as possible!

"Taking Flight" is a painting meant to communicate hope and freedom. The bird, rising from the dark shadows and recesses of the unknown, symbolizes the emergence of spirit, strength, integrity and beauty.